



$$U = mgh = 80 \text{ kg} \cdot 9.8 \frac{\text{m}}{\text{s}^2} \cdot 2.2 \text{ m} \text{ at point ③}$$

$$= 1725 \text{ J}$$

Spring compression = $x = 0.1 \text{ m}$
 Height = $y = 0.1 \text{ m}$
 Don't know v . Determine $E = 1725 \text{ J}$

$$E = \frac{1}{2} kx^2 + \frac{1}{2} mv^2 + mgy$$

$$= \frac{1}{2} (8.63 \times 10^4 \text{ N/m}) (0.1 \text{ m})^2 + \frac{1}{2} (80 \text{ kg}) v^2$$

$$+ (80 \text{ kg}) (9.8 \frac{\text{m}}{\text{s}^2}) (0.1 \text{ m}) =$$

$$1725 \text{ J} = 431.3 \text{ J} + 40 \text{ kg} v^2 + 78.4 \text{ J}$$

$$1215 \text{ J} = 40 \text{ kg} v^2 \Rightarrow v = \sqrt{\frac{30.4 \text{ m}^2/\text{s}^2}{1}} = 5.5 \text{ m/s}$$

Find Spring Constant k
 Max Spring Compression

$$\text{Total Energy} = \frac{1}{2} kx^2 = 1725 \text{ J}$$

= Energy at Start.

$$k = \frac{2}{x^2} 1725 \text{ J} = \frac{2}{(0.1 \text{ m})^2} 1725 \text{ J}$$

$$= 8.63 \times 10^4 \text{ N/m}$$

Conservation of Energy:

$$\Delta U + \Delta K = 0 \text{ (absence of Friction)}$$

Total Mechanical Energy

$$E = U + K = \text{Constant}$$

$$K = \frac{1}{2} mv^2, U_{\text{grav}} = mgy$$

$$U_{\text{spring}} = \frac{1}{2} kx^2 \text{ (} U = U_g + U_s \text{)}$$

Work \Rightarrow Change in K . $E \Rightarrow$

$$W = \Delta K \text{ but } \Delta U + \Delta K = 0$$

$$\Rightarrow \Delta U = -W \text{ since } \Delta K = \Delta U$$

$$\Delta U = -W = -\int_{x_0}^{x_1} \vec{F}(x) \cdot d\vec{x}$$

Force acts over distance Δx

$$\Delta U = -W = -F(x) \Delta x$$

$$\Rightarrow F(x) = -\frac{\Delta U}{\Delta x}, \text{ take limit}$$

$$F(x) = \lim_{\Delta x \rightarrow 0} -\frac{\Delta U}{\Delta x} = -\frac{dU}{dx} = F(x)$$

ex. $U = \frac{1}{2} kx^2$

$$F = \frac{d}{dx} \left(\frac{1}{2} kx^2 \right) = -kx$$

Gravity, Springs are Conservative forces

Change in energy is path independent \rightarrow only depends on beginning and ending

Friction is not a Conservative Force \Rightarrow does depend on path

Separate work by Friction and by Conservative Forces

$$W_{\text{TOTAL}} = W_c + W_f = \Delta K$$

Work done by Cons. Forces

$$W_c = -\Delta U \Rightarrow$$

$$-\Delta U + W_f = \Delta K$$

$$W_f = \Delta U + \Delta K$$

$$\text{Total } E = U + K$$

$$\Delta E = \Delta U + \Delta K$$

$$W_f = \Delta E = \text{Change in total Mech. Energy}$$

Impulse + Momentum

Particle moving at v_0 at $t=0$
 Constant acceleration a
 at time t $v(t) = v_0 + at$
 $F = ma$ $\xrightarrow{\text{mult by } m}$

$$mv = mv_0 + mat$$

$$mv = mv_0 + Ft$$

$$mv - mv_0 = Ft = \text{Impulse of force}$$

= Force \times Application time
 Contact time

Force starts at t_1 , ends at t_2

$$\text{Impulse} = \vec{J} = \vec{F} \cdot (t_2 - t_1)$$

$$\vec{p} = m\vec{v} = \text{Momentum}$$

Force varying, $\vec{J} = \sum \vec{F}_i \Delta t_i$

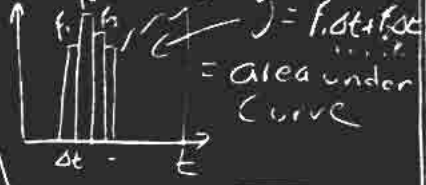
$$\Rightarrow \vec{J} = \int_{t_1}^{t_2} \vec{F}(t) dt = \Delta \vec{p}$$

$$= \vec{p}_2 - \vec{p}_1, \text{ Force} \times (\text{time interval}) = \text{Impulse}$$

Force \times (distance) = Work
 Units of impulse = Newton-sec
 Units of momentum = $\text{kgm/s} = \text{N}\cdot\text{s}$

Work = Change in Energy

Impulse = Change in Momentum



Ex. Tennis game.
 Tennis ball approaches racket at 10m/s , leaves in opposite direction at 20m/s , ball mass = 0.060kg
 Contact time = 0.01s

Find average force on ball



$$\Delta P = m\vec{v}_2 - m\vec{v}_1 = \text{Change in Momentum}$$

$$(0.60 \text{ kg})(20 \frac{\text{m}}{\text{s}}) - (0.60 \text{ kg})(-10 \frac{\text{m}}{\text{s}})$$

$$= 1.8 \frac{\text{kg} \cdot \text{m}}{\text{s}} = 1.8 \text{ N} \cdot \text{s} \text{ Impulse}$$

$$= F \Delta t = \Delta P \Rightarrow F = \frac{\Delta P}{\Delta t}$$

$$= \frac{1.8 \text{ N} \cdot \text{s}}{0.1 \text{ s}} = 180 \text{ N}$$

Conservation of momentum

2 bodies alone exert forces on each other, nothing else \Rightarrow impulse \Rightarrow momentum changes, but by Newton's 3.

Forces equal in magnitude opposite in direction. AND we know have same contact time \Rightarrow impulse same but opposite \Rightarrow ΔP 's are equal & opposite

\Rightarrow Total Momentum unchanged

TOTAL Momentum before Collision = Momentum after Collision

$P_b = P_a$ before: after objects 1, 2 have indices before after

$$m_1 \vec{v}_{1b} + m_2 \vec{v}_{2b} = m_1 \vec{v}_{1a} + m_2 \vec{v}_{2a}$$

2 dimensions \Rightarrow 2 eqns

$$m_1 v_{1bx} + m_2 v_{2bx} = m_1 v_{1ax} + m_2 v_{2ax}$$

$$m_1 v_{1by} + m_2 v_{2by} = m_1 v_{1ay} + m_2 v_{2ay}$$

If I give masses, velocities, before collisions \Rightarrow enough info to find velocities after (2 eqns, 4 unknowns) **No!**

Additional conditions
(a variety of these)

① Total kinetic energy
is conserved (stays same)

Elastic Collision

$$KE_b = KE_a$$



Approach on frictionless,
surfaces have springs
rebound

Another case
(KE ≠ conserved)

Completely Inelastic

Collision = They
stick together

$$\Rightarrow \vec{v}_{1a} = \vec{v}_{2a} = \vec{v}_a$$

(2 unknowns gone!)

$$m_1 \vec{v}_{b1} + m_2 \vec{v}_{b2} = (m_1 + m_2) \vec{v}_a$$

$$K_b = \text{Initial KE} = \frac{1}{2} m_1 v_{1b}^2 + \frac{1}{2} m_2 v_{2b}^2$$
$$K_a = \text{Final KE} = \frac{1}{2} (m_1 + m_2) v_a^2$$

Assume body 2 is at rest
 $\vec{v}_{2b} = 0$